

OUTPATIENT SERVICES

Outpatient, Outreach, Outstanding



Hebrew
Rehabilitation Center

Hebrew SeniorLife



Hebrew Rehabilitation Center is a teaching
affiliate of Harvard Medical School.

Referral Number - 617-363-8539

Fax Number - 617-363-8809

For more than 100 years, Hebrew SeniorLife has been a leader in caring for seniors, offering unparalleled geriatric expertise. Now, any senior can take advantage of our specialists, who understand the unique health and medical needs of older adults.

CLINICS AND WELLNESS PROGRAMS

Our outpatient clinics and wellness programs expand the scope of services we offer to communities in Greater Boston.

Programs Offered

Physical Therapy

- Restore range of motion, strength, flexibility, coordination, balance and functional activity tolerance
- Falls assessment and prevention
- Wheelchair seating and positioning
- Parkinson's and other neurological treatments
- Osteoporosis treatment
- Craniosacral therapy

Occupational Therapy

- Improve ability to carry out activities of daily living
- Comprehensive home evaluations
- Recommendations and training for adaptive equipment
- Treatment of acute and chronic upper extremity disorders
- Speciality areas include lymphedema management

Speech/Language Pathology

- Cognitive-linguistic remediation
- Functional communication training
- Lee Silverman Voice Treatment (LSVT)

Audiology

- Hearing testing
- Hearing rehabilitation
- Hearing aid fitting
- Follow-up

Memory Disorders

- Diagnosis and treatment of memory impairment

Wound Healing

- Wound assessment and management
- Surgical debridement
- Skin biopsies
- Compression bandaging
- Home health care referrals

Get Up & Go

- Progressive strength training
- Balance and flexibility
- Cardiovascular training

Bone Density Testing

French- and Russian-speaking bilingual staff available. Interpreter services for other languages.

Some services require a physician referral. We accept Medicare, Medicaid, Harvard Pilgrim Health Care, Tufts Health Plan, and private pay insurance.

Hours: Monday – Friday, 7:30 a.m. – 5:30 p.m.

Adult Day Health

- Supervision and socialization in a structured setting
- Nursing services, medication administration, and personal care
- Recreational, social and educational programs
- Door-to-door transportation
- Bilingual (Russian/English) programming

617-363-8515



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