

# HEBREW SENIORLIFE

Care ■ Community ■ Innovation

*Hebrew SeniorLife is an integrated, seven-site system of health care, housing, research and teaching that serves thousands of seniors in the Greater Boston area and beyond. This unique*

## HEALTH CARE

Hebrew Rehabilitation Center, a Harvard Medical School teaching affiliate, provides the following inpatient services:

- **Medical Acute Care Unit (MACU)** – providing extended medical and rehabilitative care for seniors with complex medical conditions in a long-term acute care hospital setting.
- **Recuperative Services Unit (RSU)** – providing short-term, post-acute care in a skilled nursing setting.
- **Specialized Care Unit** – providing dementia care that conforms to Alzheimer’s Association guidelines.
- **Long-Term Care**
- **The Bilingual Services Program** – a program designed to meet the needs of Russian-speaking residents staffed by bilingual nursing assistants, nurses and physicians.
- **Department of Medicine** – providing staff physicians, nurse practitioners, and physician’s assistants.

**CALL 1-877-822-4722 FOR INFORMATION  
OR REFERRAL TO ANY INPATIENT SERVICE**

## COMMUNITY-BASED HEALTH AND WELLNESS SERVICES

- **Outpatient Services** – offering seniors living in the community health and wellness programs, including clinics for audiology, memory disorders, osteoporosis screening, rehabilitation services, and the *Get Up and Go* exercise program.

**DIRECT TELEPHONE 617-363-8539**

- **Home Health Care Continuum** – offering a comprehensive range of in-home health services to assist seniors with recovery following surgery, illness, a hospital stay, or chronic conditions.

**DIRECT TELEPHONE 781-821-0820**

- **Adult Day Health** – programs in Roslindale and Brighton, including a Russian-speaking program, offering supportive services to help seniors and families cope with a wide range of cognitive and physical limitations.

**DIRECT TELEPHONE 617-363-8515**



*and comprehensive system is aimed at improving the quality of life and expanding choices for adults as they age. From the Institute for Aging Research to innovative housing options,*

*each component of this system is designed to help keep seniors independent in the community as long as possible and, when necessary, to provide the best quality long-term care.*

## SENIOR SUPPORTIVE HOUSING

For more than three decades, Hebrew SeniorLife has been a leader in the development of community-based senior housing options. Today HSL's senior supportive housing includes:

- **Jack Satter House in Revere**

**DIRECT TELEPHONE 781-289-4505**

- **Simon C. Fireman Community in Randolph**

**DIRECT TELEPHONE 781-986-8880**

Affordable apartments for people 62 and older, handicap accessible, 24-hour emergency call system, around-the-clock staff available to handle mechanical and medical emergencies, a meal plan, fitness center and library.

- **Center Communities of Brookline** – three housing complexes providing 525 units of secure independent housing and offering a broad array of services and programs, such as meal preparation and delivery - all designed to meet the needs of senior tenants.

**Equal Housing Opportunity**

**DIRECT TELEPHONE 617-363-8100**

## CONTINUING CARE RETIREMENT LIVING

- **Orchard Cove in Canton** – an award winning continuing care retirement community for independent seniors. The community includes 227 independent living apartments, 24 assisted living units, and 45 short-term rehabilitation and long-term care beds so as care needs change members may move to an assisted living or, if necessary, a long-term care facility all at the same site.

**DIRECT TELEPHONE 781-821-0820**

- **NewBridge on the Charles** – Hebrew SeniorLife's multigenerational community is currently being built on the 162-acre private, wooded Dr. Miriam and Sheldon G. Adelson Campus in Dedham. This innovative community will include independent cottages and villas, 256 independent senior supportive housing units, assisted living, memory-assisted living, a 266-bed medical facility, and rehabilitation and long-term care services. An integral part of the community will be multigenerational programming with a K-8 school that will be located on the campus.

**Equal Housing Opportunity**

**DIRECT TELEPHONE 617-363-8773**

