







Monday CLOSED	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> 	<p>310:30 Nice & Easy Yoga with Isabella 10:30 Torah Study w/ Lorna 11:45 Lunch– with Nancy 12:45 Games, Puzzles, Conversation 1: pm New Year Afternoon Tea</p> 	<p>4</p> <p>1:15 Strength Training w/ Lorna 11:45 Lunch–with Cate 1:30 Crafts with Carmelite and Ladies 1:30 Beading w/ Isabella and Guys 1:40 Health Matters with Nancy</p>	<p>5</p> <p>10:15 Sing Along or Bowling 10:30 Baking with Isabella 11:45 Lunch–with Carmelite 1:00 Games, Puzzles, Conversation 1:00 Health Matters Nancy the Nurse 1:30 Tai Chi in Hobby Shop 1:30 Woodwork w/ Carmelite</p>	<p>6</p> <p>10:30 Exercise and Games with Lorna 11:45-Lunch with Isabella 12:45 Manicures, Puzzles, Games, 1:30 Sing-a Long w/Lorna and the Gang</p>	<p>7</p> <p>9:00 Morning Coffee 9:45 What’s in the News 10:30 Stretch to the Oldies 11:30 Lunch 12:30 Games 1:30 Word Games</p>
<p>9</p> <p>10:30 Volley Game w/ Lorna 10:30 Baking w/ Isabella 11:45 Lunch– with Lorna 12:45 Manicures, games 1:30 Ceramics w/ Carmelite and Guys 1:30 Word Game with Lorna</p> 	<p>10</p> <p>10:30 Nice and Easy Yoga w/ Isabella 10:30 Torah Study w/ Lorna 11:45 Lunch– with Nancy 12:45 Games, Puzzles, Conversation 1: pm Word Game / Trivia with Lorna 1:30 One to One with Isabella</p>	<p>11</p> <p>10:00 Story Time with Marsha 10:30 Art Matters w/ Beth 11:45 Lunch–with Cate 1:00 Games, Puzzles, Manicures 1:30 Crafts with Carmelite and Ladies 1:30 Beading w/ Isabella and Guys 1:30 Health Matters with Nancy</p>	<p>12</p> <p>10:30 Bowling with Staff 10:30 Baking w/ Isabella 1:45 Lunch–with Carmelite 1:00 Games, Puzzles, Conversation 1:00 Health Matters Nancy the Nurse 1:30 Tai Chi in Hobby Shop 1:30 Woodwork w/ Carmelite</p>	<p>13</p> <p>10:30 Music with Paul 11:45 Lunch –with Delia 12:45 Manicures, Puzzles, Games 1:00 Sports Discussion with Lorna 1:30 Travel Video w/ Carmelite 2:00 Birthday Party</p>	<p>14</p> <p>9:00 Morning Coffee 9:45 around the world in 45 min. 10:30 Weight Exercise 11:30 Lunch 12:30 Manicures Games 1:30 Crafts</p>
<p>16</p> <p>Martin Luther King Jr. Day 10:30Volly Game w/ Isabella 10:30 Baking w/ Cate 11:45 Lunch– with Carmelite 1:00 Manicures, games 1:00Ceramics w/ Carmelite and Guys 1:30 Word Games w/ Cate</p>	<p>17</p> <p>10:30 Nice & Easy Yoga w/ Isabella 10:30 Torah Study w/ Mrs. Lorna 11:45 Lunch– with Nancy 12:45 Games, Puzzles, Conversation 1:00 Word Games or Trivia w/ Lorna 1: 30 All about me with Cate</p>	<p>18</p> <p>10:30 Strength Training with Lorna 10:30 Word Game w/ Cate 11:45 Lunch–with Cate 1:00 Games, Puzzles 1:00 MID-NIGHT IN PARIS WINTER HOLIDAY CELEBRATIONS</p> 	<p>19</p> <p>10:30 Sing-a-Long 10:30 Baking with cate 11:45 Lunch–with Carmelite 1:00 Games, Puzzles, Conversation 1:30 Tai Chi in Hobby Shop 1:30 Wood Working w/ Carmelite</p>	<p>20</p> <p>10:30 Fun and Fitness with Lorna Cate 10:30 Open Art Studio w/ Isabella 11:45 Lunch with Isabella 1:00 Puzzles, Games 1:15 Bowling with GDS Staff 2:30 Shabbat Celebration</p>	<p>21</p> <p>9:00 Morning Coffee 9:45 Topic of the Day 10:30 Bingo 11:30 Lunch 12:30 Puzzles, Games 1:30 Music sing a long</p>
<p>23</p> <p>10:30-Volley Game w/ Lorna 10:30 -Baking w/ Cate 11:45- Lunch– with Lorna 1:00 -Manicures, games 1:00-Ceramics w/ Carmelite and Guys 1:30 - Word Games with Cate</p> 	<p>24</p> <p>10:30 Nice & Easy Yoga w/ Isabella 10:30 Torah Studies w/ Mrs. Siegal 11:45 Lunch–with Nancy 12:45 Games, Puzzles, Conversation 1: pm Word Game / Trivia with Rosa 1:30 All about me with Cate</p>	<p>25</p> <p>10:30 Strength Training with Lorna 10:30 Word Game with Cate 11:45 Lunch–with Cate 1:00 Games, Puzzles Manicures 1:00 Tai Chi with Paula 1:30 Beading w/ Isabella and Guys 1:40 What shall we do??? w/ Cate</p>	<p>26</p> <p>10:30 High Stakes Bingo with Staff 11:30 Lunch with Carmelite 1:00 Games, Puzzles, Conversation 1:00 Health matters Nancy the Nurse 1:30 Sing-A-long with Staff 1:30 Woodwork w/ Carmelite</p>	<p>27</p> <p>10:30 Fun and Fitness with Cate 10:30 Open Art Studio w/ Isabella 11:45 Lunch –w/ Isabella Manicures, Puzzles 1:30Afternoon Movie and Pop corn 1:30 Birthday Party 2:30-Shabbat Celebration</p>	<p>28</p> <p>9:00 Morning Coffee 9:45 Around the World in 45 Min. 10:00 Service in Syn 11:30 Lunch 12:30 Puzzles, Games</p>
<p>30</p> <p>10:00 Volley Game w/ Isabella 10:30-Baking W/ Cate 11:45- Lunch– with Lorna Manicures, games, Puzzles 1:30-Ceramics w/ Carmelite and Guys 1:30– Music with Ann & Ice</p>	<p>31 Pancake Breakfast 10:30 Nice & Easy Yoga w/Isabella 1:30 Torah Studies w/ Mrs. Siegal 11:45-Lunch–w/ Nancy 1:00 Games, Puzzles and Manicures 1: pm Word Game / Trivia with Rosa 1:30 All about Cate with Cate</p>		<p><i>January 2012</i></p>		