**Breakfast**

### Eggs Your Way
Comes with Choice of Toast

- Choice of: Whole Eggs, Egg Whites, Egg Beaters
- Cooked: Scrambled, Over Easy, Over Medium, Over Hard, Soft Poached, Hard Poached, Hard Boiled
- Choice of Cheese: Swiss, Cheddar, American, Provolone
- Choice of Toast: White, Wheat, Light/Dark Rye, Marble Rye, Plain/Marble Bagel, English Muffin
- Have It Your Size: One egg-2.25 or Two—2.75

### Build Your Own Omelet
Comes with Choice of Toast

- Choice of: Whole Eggs, Egg Whites, Egg Beaters
- Choice of Cheese: Swiss, Cheddar, American, Provolone
- Choice of Filling: Sautéed Mushrooms, Caramelized Onions, Chopped Tomato, Turkey Bacon, Turkey Sausage -6.50
- Add Lox—6.75
- Choice of Bread: White, Wheat, Light/Dark Rye, Marble Rye, English Muffin

### Starters
- Fresh Squeezed OJ - 1.75
- Chilled Juices—1.75
- Coffee—Regular/ Decaf-1.50
- Tea—Regular/ Decaf-1.50
- Juice of the Day - 2.00

### Sides
- Hash Browns -1.00
- Chopped Fruit -1.50
- Turkey Bacon—1.75
- Turkey Sausage—1.75
- Daily Breakfast Pastry-2.00

### Breakfast Classics
- Challah Bread French Toast -4.75
- Pancakes -Plain- 4.75
  - Add Blueberry, Chocolate Chip—5.50
- Cold Cereal— Please ask your server for selections—1.50
- Hot Cereal— Oatmeal or Cream of Wheat—Add Brown Sugar and Raisins 1.75
- Bagel Your Way—Plain or Mable—Cream Cheese or Butter —Add Onion, Tomato 1.75 Add Lox—7.75
- Blintz with Applesauce-4.50

### The Lighter Side
- Bowl of Vanilla Yogurt and Granola with Choice of Breakfast Pastry or Fruit—3.00
- Yogurt and Fruit—2.25
- Hot or Cold Cereal with Fruit or Yogurt -2.25
- Half a Grapefruit—1.50
- Cantaloupe Wedge with Cottage Cheese -2.75
- Fresh Fruit Plate 2.75

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Before placing your order please inform your server if a person in your party has a food allergy. Consuming raw or undercooked eggs, meat, fish & shellfish may increase the possibility of food borne illness.
**Build Your Own Omelet – 6.50**
Add your choice of fillings: Chopped Tomato, Spinach, Onions, Peppers, and/or Mushrooms
Add your choice of cheese: American, Cheddar, Provolone, or Swiss
Blinz w/Applesauce - 4.50
Fried Egg Sandwich—over hard egg with American cheese on an English muffin - 3.00
Bagel and Lox— Marble or plain bagel toasted with cream cheese and lox— 7.75

**Deli Sandwich Your Way**
Comes with chopped fruit
Choice of: Corned Beef, Turkey, Tuna Salad, Chicken Salad, and Egg Salad
Choice of Cheese: Swiss, Cheddar, American, Provolone
Add: Lettuce, Tomato, Onion
Choice of Bread: Bulkie Roll, White, Wheat, Light/Dark Rye, Marble Rye, Plain/Marble Bagel, Hot Dog Bun, Pita, English Muffin,
Have It Your Size : Half—3.50 or Whole—6.00

**OC Favorites**
Comes with chopped fruit
Ruben or Rachel - 6.25
Tuna Melt - 5.75
Grilled Cheese—3.50
Choice of cheese
Choice of tomato
Hamburger—6.50
Cheeseburger—6.50
Hot Dog - 3.75
Half Sandwich with Sm. Salad from Gourmet Salad Bar - 5.00
Soup of the Day and Half Sandwich-5.00
Soup of the Day and Sm. Salad from Gourmet Salad Bar - 5.00

**Starters**
Soup of the Day—1.75
—Low Sodium Available
Fresh Garden Salad-2.50

**Soup of the Day and Half Sandwich-5.00**
Soup of the Day and Sm. Salad from Gourmet Salad Bar - 5.00

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Tuna Melt - 5.75
Grilled Cheese—3.50
Choice of cheese
Choice of tomato
Hamburger—6.50
Cheeseburger—6.50
Hot Dog - 3.75
Half Sandwich with Sm. Salad from Gourmet Salad Bar - 5.00
Soup of the Day and Half Sandwich-5.00
Soup of the Day and Sm. Salad from Gourmet Salad Bar - 5.00

**Sides**
Dill Pickle-1.25
Cole Slaw-1.25
French Fries-1.25
Sweet Potato Fries-1.50
Potato Chips-1.25

**OC Favorites**
Comes with chopped fruit
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Tuna Melt - 5.75
Grilled Cheese—3.50
Choice of cheese
Choice of tomato
Hamburger—6.50
Cheeseburger—6.50
Hot Dog - 3.75
Half Sandwich with Sm. Salad from Gourmet Salad Bar - 5.00
Soup of the Day and Half Sandwich-5.00
Soup of the Day and Sm. Salad from Gourmet Salad Bar - 5.00

**Build Your Own Salad**
Comes with pita bread and dressed with V360 Vinaigrette
Comes with: Crisp Greens, Cucumbers, Carrots, Cherry Tomato,
Add: Sliced Chicken, Bleu Cheese, Feta, Croutons, Red Onion, Pine Nuts
Add Antipasto Bar: Green Olives, Hard Boiled Eggs Marinated Artichokes, Roasted Red Peppers, Hearts of Palm, Anchovies, Three Bean Salad, Add: Chicken Salad, Tuna Salad, Egg Salad 6.00

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Comes with: Crisp Greens, Cucumbers, Carrots, Cherry Tomato,
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**Dinner**

**Starters**

Soup Du Jour
Seasonal Fruit Cup

*Create Your Own Fresh Garden Salad*

*Available Dinner Size Topped with a Choice of Today's Entrées*

** Salads are dressed with our sodium free, low fat, low calorie, V360 Vinaigrette.**

**Comes with:** Crisp Greens, Carrots, Cucumbers, and Cherry Tomatoes

**Add**

Bleu Cheese, Feta, Red Onions, and Pine Nuts

**Add Antipasto Bar**

Green Olives, Marinated Artichokes, Roasted Red Peppers, Hard Boiled Egg, Three Bean Salad, and Anchovies

**Entrée**

Roast Arctic Char w/Lemon Basil Aioli & Horseradish Panko Crumb Topper

Roasted and topped with a lemon basil mayo and horseradish seasoned panko crumbs

Roast Chicken

Slow roasted with fine herbs GF

**Penne with Pink Vodka Sauce**

Penne tossed in sauce of crushed tomatoes, garlic, shallot, heavy cream, vodka, and basil and topped with Romano cheese.

Roasted Beef Tenderloin Medallions

Served with a cabernet, mushroom, and shallot reduction GF – no sauce

Soy, Sesame, Ginger, & Mirin Marinated Tofu

Served over sautéed vegetables - GF

**Sides**

Twice Baked Potato
Sugar Snap, Asparagus Tip and Red Pepper Sautee
Steamed Green Beans
Wild Rice Pilaf

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Sodium ranges for soup: Reduced – 160-220mg Regular – 220–420mg