

# Breakfast

## Eggs Your Way

Comes with Choice of Toast

Choice of : Whole Eggs, Egg Whites, Egg Beaters

Cooked: Scrambled, Over Easy, Over Medium, Over Hard, Soft Poached, Hard Poached, Hard Boiled

Choice of Cheese: Swiss, Cheddar, American, Provolone

Choice of Toast: White, Wheat, Light/Dark Rye, Marble Rye, Plain/Marble Bagel, English Muffin

Have It Your Size : One egg-2.25 or Two—2.75

## Build Your Own Omelet

Comes with Choice of Toast

Choice of: Whole Eggs, Egg Whites, Egg Beaters

Choice of Cheese: Swiss, Cheddar, American, Provolone

Choice of Filling: Sautéed Mushrooms, Caramelized Onions, Chopped Tomato, Turkey Bacon, Turkey Sausage -6.50

Add Lox—6.75

Choice of Bread : White, Wheat, Light/Dark Rye, Marble Rye, English Muffin

## Starters

Fresh Squeezed OJ- 1.75

Chilled Juices—1.75

Coffee—Regular/ Decaf-1.50

Tea—Regular/ Decaf-1.50

Juice of the Day- 2.00

## Sides

Hash Browns -1.00

Chopped Fruit -1.50

Turkey Bacon—1.75

Turkey Sausage—1.75

Daily Breakfast Pastry-2.00



## Breakfast Classics

Challah Bread French Toast -4.75

Pancakes -Plain- 4.75

Add Blueberry, Chocolate Chip—5.50

Cold Cereal— Please ask your server for selections—1.50

Hot Cereal— Oatmeal or Cream of Wheat—Add Brown Sugar and Raisins 1.75

Bagel Your Way—Plain or Mable—Cream Cheese or Butter —Add Onion, Tomato 1.75 Add Lox— 7.75

Blintz with Applesauce-4.50

## The Lighter Side

Bowl of Vanilla Yogurt and Granola with Choice of Breakfast Pastry or Fruit—3.00

Yogurt and Fruit—2.25

Hot or Cold Cereal with Fruit or Yogurt -2.25

Half a Grapefruit—1.50

Cantaloupe Wedge with Cottage Cheese -2.75

Fresh Fruit Plate 2.75

Before placing your order please inform your server if a person in your party has a food allergy. Consuming raw or undercooked eggs, meat, fish & shellfish may increase the possibility of food borne illness .

# Lunch

## Deli Sandwich Your Way

Comes with chopped fruit

Choice of: Corned Beef, Turkey, Tuna Salad, Chicken Salad, and Egg Salad

Choice of Cheese: Swiss, Cheddar, American, Provolone

Add: Lettuce, Tomato, Onion

Choice of Bread: Bulkie Roll, White, Wheat, Light/Dark Rye, Marble Rye, Plain/Marble Bagel, Hot Dog Bun, Pita, English Muffin,

Have It Your Size : Half—3.50 or Whole—6.00

## Breakfast for Lunch

All omelets come with an English muffin

Build Your own Omelet - 6.50

Add your choice of fillings: Chopped Tomato, Spinach, Onions, Peppers, and/or Mushrooms

Add your choice of cheese: American, Cheddar, Provolone, or Swiss

Blintz w/Applesauce-4.50

Fried Egg Sandwich—over hard egg with American cheese on an English muffin-3.00

Bagel and Lox— Marble or plain bagel toasted with cream cheese and lox— 7.75

## Starters

Soup of the Day—1.75  
—Low Sodium Available

Fresh Garden Salad-2.50



## Sides

Dill Pickle-1.25

Cole Slaw-1.25

French Fries-1.25

Sweet Potato Fries-1.50

Potato Chips-1.25

## OC Favorites

Comes with chopped fruit

Ruben or Rachel -6.25

Tuna Melt -5.75

Grilled Cheese—3.50

— Choice of cheese

— Choice of tomato

Hamburger—6.50

Cheeseburger—6.50

Hot Dog - 3.75

Half Sandwich with Sm. Salad from Gourmet Salad Bar - 5.00

Soup of the Day and Half Sandwich-5.00

Soup of the Day and Sm. Salad from Gourmet Salad Bar - 5.00

## Build Your Own Salad

Comes with pita bread and dressed with V360 Vinaigrette

Comes with: Crisp Greens, Cucumbers, Carrots, Cherry Tomato,

Add: Sliced Chicken, Bleu Cheese, Feta, Croutons, Red Onion, Pine Nuts

Add Antipasto Bar: Green Olives, Hard Boiled Eggs Marinated Artichokes, Roasted Red Peppers. Hearts of Palm, Anchovies, Three Bean Salad,

Add: Chicken Salad, Tuna Salad, Egg Salad

6.00

Before placing your order please inform your server if a person in your party has a food allergy. Consuming raw or undercooked eggs, meat, fish & shellfish may increase the possibility of food borne illness.



**4  
on 3 Dinner**

**Starters**

**Soup Du Jour  
Seasonal Fruit Cup**



**Create Your Own Fresh Garden Salad**

*\*Available Dinner Size Topped with a Choice of Today's Entrées*

**\*\* Salads are dressed with our sodium free, low fat, low calorie, V360 Vinaigrette.  
Comes with: Crisp Greens, Carrots, Cucumbers, and Cherry Tomatoes**

**Add**

Bleu Cheese, Feta, Red Onions, and Pine Nuts

**Add Antipasto Bar**

Green Olives, Marinated Artichokes, Roasted Red Peppers, Hard Boiled Egg,  
Three Bean Salad, and Anchovies



**Entrée**

**Roast Arctic Char w/Lemon Basil Aioli & Horseradish Panko Crumb Topper**

Roasted and topped with a lemon basil mayo and horseradish seasoned panko crumbs

**Roast Chicken**

Slow roasted with fine herbs GF

**Penne with Pink Vodka Sauce**

Penne tossed in sauce of crushed tomatoes, garlic, shallot, heavy cream, vodka, and basil and topped with Romano cheese.

**Roasted Beef Tenderloin Medallions**

Served with a cabernet, mushroom, and shallot reduction GF – no sauce

**Soy, Sesame, Ginger, & Mirin Marinated Tofu**

Served over sautéed vegetables - GF



**Sides**

**Twice Baked Potato**

**Sugar Snap, Asparagus Tip and Red Pepper Sautee**

**Steamed Green Beans**

**Wild Rice Pilaf**

Before placing your order please inform your server if a person in your party has a food allergy. Consuming raw or undercooked eggs, meat, fish & shellfish may increase the possibility of food borne illness.

**Sodium ranges for soup: Reduced – 160- 220mg Regular – 220 – 420mg**