

Jewish Geriatric Chaplaincy Training

January 2 -- May 7, 2020

Level I and Level II CPE

Introduction:

In the last 100 years, Hebrew SeniorLife (HSL) has grown from a small residence for frail elderly in Dorchester to a highly-integrated system of care with an international reputation that encompasses 650 chronic care hospital patients, groundbreaking senior care research (Harvard's Institute for Aging Research), palliative and hospice care, new models of sub-acute care and post-hospital care, and home care. Hebrew Rehabilitation Center (HRC) is the largest of HSL's institutions, with campuses in Boston and in Dedham. The Boston campus offers long-term care, short-term post-acute care, acute care, adult day care and outpatient specialty services. Its most recent offering is the Center for Memory Health which provides diagnosis, education, treatment, and care coordination for older adults and their families. NewBridge on the Charles, located in Dedham, is HSL's newest campus. It offers independent and assisted living in addition to skilled nursing services and long-term chronic care. Some students may be assigned to clinical time on this campus.

Over 60% of our long-term chronic care patients in Boston are Jewish, with half of these being Jews from the former Soviet Union; in Dedham, closer to 85% are Jewish. Patients on our rehabilitation and post acute services units reflect the more general population of the surrounding communities, including a broader mix of faiths and cultures.

Clinical Pastoral Education (CPE) at HSL provides important skills and resources for the congregational rabbinate or ministry, and for healthcare chaplains, in Jewish spiritual care with a focus on palliative, hospice, dementia, and senior care.

Program Description:

Our curriculum addresses spiritual care as it relates to aging, illnesses of aging (including dementia), family caregivers, bioethical decision-making, dying, and bereavement. Special attention is given to cultural and demographic diversity impacting the spiritual issues of older adults, including historical trauma, LGBT identities, and being "not religious." Students serve as chaplain interns on assigned HSL units, providing spiritual care to patients, families, and staff. Our primary lens is that of Jewish spiritual care; students who wish to learn about spiritual care

from the perspective of other religious traditions are invited to make this one of their learning goals.

English is the predominant language of the educational program, and applicants must be fluent in spoken and written English. Special opportunities are available for Russian-speaking applicants, as a significant portion of HSL residents and patients speak Russian; some allowances can be negotiated individually for Russian-speaking students who need to do some of their assignments orally rather than in writing.

This unit of CPE is aimed at chaplains, congregational clergy, seminary and rabbinical students, and laypersons interested in pursuing spiritual care.

Dates: January 2 – May 7, 2020. No *class* meetings April 7, 9, 14, or 16 due to Passover, although *clinical* hours continue as permitted by the student's religious observance. No scheduled absences will be granted during orientation (January 2, 7, 9, 14, 16), midterms (February 27), or final evaluations (April 30 and May 5). Any missed time must be made up.

Times: Class time is Tuesdays 9-12, and Thursdays 9-2:30, on the Boston (Boston) campus. An additional 20 hours of clinical work is required weekly, which can be scheduled according to the student's convenience, beginning after orientation finishes January 16. The program requirement of leading four services, classes, or groups may involve occasional attendance at HSL outside typical clinical hours. Written assignments and readings are also completed outside of the on-site time frame. Individual supervision will be scheduled for one hour biweekly. The CPE program does not require overnight call, and is appropriate for students who are shomer/et Shabbat. The student must be in class a minimum of 100 hours, complete a minimum of 250 clinical hours, and complete a total of 400 hours in order to receive credit for the unit.

Faculty: Rev. Mary Martha Thiel, ACPE Certified Educator and Director of CPE at Hebrew SeniorLife, will lead this unit. Several guest speakers will bring their expertise to the didactic part of the curriculum.

Location: 1200 Centre St., Boston MA 02131.

Cost: \$25 application fee. Suggested tuition payment is \$2000; minimum tuition payment is \$1200. For IRS purposes, value received per student is \$1200, with the balance of the tuition being a tax-deductible gift to Hebrew SeniorLife's Chaplaincy Institute. \$250 of tuition serves as a nonrefundable deposit when accepting a position in the program and is credited toward the total tuition payment.

Who may apply? This program is open to persons of any religious/spiritual tradition interested in Jewish CPE with a focus on spiritual care of older adults. E-mail Rev. Mary Martha Thiel marymarthathiel@hsl.harvard.edu with any questions.

Application process: Admissions are rolling beginning September 3, 2019; call or email to check availability of positions. Applicants should read the <u>Annual Notice</u>, <u>Admission Policy</u>, <u>Use of Clinical Materials Consent Form</u>, and <u>Financial Policy</u>, and then fill out the standard <u>ACPE application form</u>. Include a check for \$25 made out to "Hebrew SeniorLife CPE Program," or fill out the credit card payment form and send them to:

Rev. Mary Martha Thiel, Director of CPE Department of Spiritual Care Hebrew SeniorLife 1200 Centre St. Boston MA 02131

If you are emailing your application, please scan the above application and email to cpe@hsl.harvard.edu. We will collect the \$25 application fee at the time of the interview.

When your application is received, we will set up an in person interview, or, for applicants outside the Boston area, by Zoom. Rev. Mary Martha Thiel and one additional member of the CPE program's Professional Advisory Committee will conduct a joint interview. We will send a form by email to your references. They do not need to send us anything prior to that. You will be informed of the admissions decision within one month of the interview. The decision is at the sole discretion of HSL.

Transportation and Parking: HRC Boston is accessible by Public Transportation: Take the Orange Line T to Forest Hills, then the 38 bus Wren St. via Centre St. Students living close by in Jamaica Plain or Boston often walk or bike to HRC. More adventurous bikers come from Brookline or Newton. Free parking is available.

For more information contact: Rev. Mary Martha Thiel, < Marymarthathiel@hsl.harvard.edu Tel (617) 363-8804.

Website: https://www.hebrewseniorlife.org/education-programs/spiritual-care-education