

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
11:00 History of Flamenco & Tango w/Leticia 2:00 Ethnographic Presentation The Baker Chocolate Company Local Author Anthony Sammarco 3:30 NY Times Crossword w/Irina 3:30 Documentary Matinee 7:30 Movie Night	10:00 Yoga w/Guided Meditation 11:00 Open Art Studio w/Art Instructor Olga Shmuylovich 2:00 To Know Or Not To Know - That Has Been The Question A Performance by Actor Ron Goldman 3:15 Gym: Machines 3:30 HighTech Tips w/Nancy 7:30 Movie Night	10:00 Stronger Legs, Core & More! 11:00 NewBridge Theater Project 12:30 Rashi Lunch Bunch 2:00 Jewish Learning The Joy of Purim Rabbi Lior Nevo 3:15 Fall Prevention Balance Class 3:15 Reading the Shorts w/Bonnie Short Story Discussion Group 7:30 New Release Movie Night	10:00 Gentle Moves for Arthritis 11:00 Word Jumbles w/Bonnie 11:00 Shopping Trip: Sudbury Farms 2:00 Art Matters Series American Art Pt. 3 Sculptor & Art Educator Jane Blair 3:15 Gym: Machines 3:15 Flower Arranging w/Pauline 7:30 Movie Night	10:00 Flex & Stretch 11:00 NewBridge Theater Project w/Bree 2:00 History at Play Series I Now Pronounce You Lucy Stone Actress Laura Rocklyn 3:30 Vigorous Mind w/Pauline 7:30 Movie Night	10:00 Better Mobility & Balance! 11:00 Rabbi's Wisdom Series Exploring the Weekly Torah Portion CPE Student Mona Strick 2:00 Friday Concert Series Solo Piano Showstoppers Clare Longendyke, Piano 4:00 Knotty Knitters 5:00 Shabbat Service Led by Rabbi Judi Ehrlich 7:30 Movie Night	10:00 Strength and Stretch w/Pearl 11:00 Brain Boosters w/Bonnie 2:00 Tony Award Winning Musicals Best of the 1950's Bonnie Edes Presents 3:30 Domino with Mitch Freeman 7:30 Movie Night
Daylight Savings Time 8	9	Purim 10	Shushan Purim 11	12	13	14
11:00 Dance for Wellness w/Whitney 2:00 Sunday Concert Series Singing Songs of the 70's Singer & Songwriter Pam Steinfield 3:15 NY Times Crossword w/Irina 3:30 Documentary Matinee 7:30 Movie Night	10:00 Yoga w/Guided Meditation 11:00 Open Art Studio w/Art Instructor Olga Shmuylovich 2:00 Jeopardy w/Lois 3:15 Gym: Machines 3:15 HighTech Tips w/Nancy 7:30 Movie Night	10:00 Stronger Legs, Core & More! 11:00 Your Favorite Opera w/Irina Mozart's Marriage of Figaro 11:15 Purim Costume Parade w/Rashi Kindergarteners 2:00 NB Theater Project Presents A Purim Spiel - Back to Broadway 3:15 Fall Prevention Balance Class 7:30 Oscar Ziltch Klezmer Band/GMH 7:30 New Release Movie Night	10:30 Gentle Moves for Arthritis 11:00 Word Jumbles w/Bonnie 11:00 Shopping Trip: Trader Joe's/CVS 2:00 Tony Award Winning Musicals Best of the 1960's Bonnie Edes Presents 3:15 Gym: Machines 3:15 Flower Arranging w/Pauline & Toby 5:15 Birthday Celebration Dinner 7:30 Movie Night	10:00 Flex & Stretch 11:00 News and Views w/Lois 1:30 Movie Outing 2:00 Wellness Talk: Balance Staying Upright in the Daylight Jeff Geissler, Fitness Instructor 3:30 Vigorous Mind w/Pauline 7:30 Movie Night	10:00 Better Mobility & Balance! 11:00 Rabbi's Wisdom Series Exploring the Weekly Torah Portion Rabbi Beth Naditch 2:00 Friday Concert Series Island Music Doug Schmolze, Piano 4:00 Knotty Knitters 5:00 Welcoming Shabbat & Community Dinner Led by Rabbi Karen Landy 7:30 Movie Night	10:00 Strength and Stretch w/Pearl 11:00 Brain Boosters w/Bonnie 2:00 What Is Buddhism Eden Steinberg, Chaplain Intern & Rabbi Lior Nevo 3:30 Domino with Mitch Freeman 7:30 Movie Night
15	16	17	18	First Day of Spring 19	20	21
11:00 Dance for Wellness w/Whitney 2:00 Nature Series Not All Bogs Are Created Equal Botanist Irina Kadis Presents 3:15 NY Times Crossword w/Irina 3:30 Documentary Matinee 7:30 Movie Night	10:00 Yoga w/Guided Meditation 11:00 Open Art Studio w/Art Instructor Olga Shmuylovich 2:00 American Music History Series Slainte! Music from Ireland Music Educator Richard Travers 3:15 Gym: Machines 3:15 Mah Jong w/Lois 7:30 Movie Night	10:00 Stronger Legs, Core & More! 11:00 Chorus Rehearsal w/Leticia 2:00 Jewish Multiculturalism - Communities Around the World Rabbi Lior Nevo 3:15 Fall Prevention Balance Class 4:00 Community Event Bourbon and Whiskey Tasting 7:30 New Release Movie Night	10:00 Gentle Moves for Arthritis 11:00 Shopping Trip Marshalls/Home Goods 11:00 NewBridge Theater Project w/Bree 3:00 Flower Arranging w/Pauline 3:15 Gym: Machines 4:00 Current Conversations Series Broadcast News Journalist Susan Sprecher 7:30 Movie Night	10:00 Flex & Stretch 11:30 Lunch Outing: Fuji Steak House 11:00 Word Jumbles w/Bonnie 2:00 Food Forum 3:30 Vigorous Mind w/Pauline 7:30 Classical Masterpieces Carol Wincenc, Flute, Julia Bogarad, Flute and Joy Cline Phinney, Piano/GMH 7:30 Movie Night	10:00 Better Mobility & Balance! 11:00 Rabbi's Wisdom Series Exploring the Weekly Torah Portion CPE Student Jane Salk 2:00 Friday Concert Series Happy 250 th Birthday, Beethoven! Janice Weber, Piano 4:00 Knotty Knitters 5:00 Shabbat Service Led by Rabbi Judi Ehrlich 7:30 Movie Night	10:00 Strength and Stretch w/Pearl 11:00 Brain Boosters w/Bonnie 2:00 TED Talks Bonnie Edes Presents 3:30 Domino with Mitch Freeman 7:30 Movie Night
22	23	24	25	26	27	28
11:00 Dance for Wellness w/Whitney 2:00 Metro Arts Link Hidden Gems of New England Series: Paul Revere & Industrial Revolution Art Historian Allyson Sheckler 3:15 NY Times Crossword w/Irina 3:30 Documentary Matinee 7:30 Movie Night	10:00 Yoga w/Guided Meditation 11:00 Open Art Studio w/Art Instructor Olga Shmuylovich 2:00 Bridges of Saint Petersburg Historian Marina Pishchenkova 3:15 Gym: Machines 3:15 Mah Jong w/Lois 7:30 Movie Night	10:00 Stronger Legs, Core & More! 11:00 Chorus Rehearsal w/Leticia 2:00 Jewish Multiculturalism - Communities Around the World Rabbi Lior Nevo 3:15 Fall Prevention Balance Class 3:15 Reading the Shorts w/Bonnie Short Story Discussion Group 7:30 New Release Movie Night	10:00 Gentle Moves for Arthritis 11:00 NewBridge Theater Project w/Bree 11:00 Shopping Trip: Star Market 2:00 The Golden Age of Crooners & Records: With Love, from France Radio Broadcaster Frank King 3:15 Flower Arranging w/Pauline & Toby 3:15 Gym: Machines 4:00 Community Event Newcomers Wine & Cheese Reception 7:30 Movie Night	10:00 Flex & Stretch 11:00 Word Jumbles w/Bonnie 2:00 Art Salon @ NewBridge Kippy Goldfarb, Photography 3:30 Vigorous Mind w/Pauline 7:30 Sergei Rachmaninoff's Sonata in G Minor, Op. 19 and More Jonathan Cohler, Clarinet Rasa Vitkauskaite, Piano/GMH 7:30 Movie Night	10:00 Better Mobility & Balance! 11:00 Rabbi's Wisdom Series Exploring the Weekly Torah Portion Rabbi Sara Paasche-Orlow 2:00 Friday Concert Series A Musical Trip Down Memory Lane Kenny Morrell, Vocals/Piano 4:00 Knotty Knitters 5:00 Welcoming Shabbat & Community Dinner Led by Rabbi Karen Landy 7:30 Movie Night	10:00 Strength and Stretch w/Pearl 11:00 Brain Booster w/Bonnie 2:00 Around the World in a Pot of Cholent - History & Tastings w/Rabbi Lior Nevo 3:30 Domino with Mitch Freeman 7:30 Movie Night
29	30	31			<p>MARCH 2020</p> <p>TRADITIONAL ASSISTED LIVING</p> <p>PLEASE CHECK DAILY SCHEUDLE FOR UPDATES</p>	
11:00 Dance for Wellness w/Whitney 2:00 Nature Series The Story of Spicebush & Sassafras Botanist Irina Kadis Presents 3:15 NY Times Crossword w/Irina 3:30 Documentary Matinee 7:30 Movie Night	10:00 Yoga w/Guided Meditation 11:00 Open Art Studio w/Art Instructor Olga Shmuylovich 1:20 Hands-On-Learning w/Rashi 5 th Graders 3:15 Gym: Machines 3:30 High Tech Tips w/Nancy 7:30 Movie Night	10:00 Stronger Legs, Core & More! 11:00 Chorus Rehearsal w/Leticia 2:00 Jewish Multiculturalism - Communities Around the World Rabbi Lior Nevo 3:15 Fall Prevention Balance Class 3:00 Your Favorite Opera w/Irina Mozart's Marriage of Figaro 7:30 An Evening of String Quartets Featuring musiConnects/GMH 7:30 New Release Movie Night				