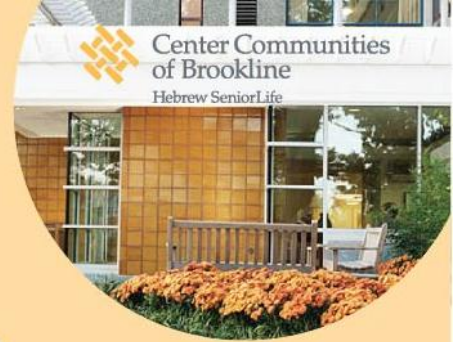


# Supportive Housing "A Day in The Life"



8:30PM: Receives call from daughter asking how her day was and wishing her goodnight

8:00AM: Resident starts her morning with a Tai Chi Class

6:45PM: Listens to local symphony orchestra's live performance of Shahrzad

9:15AM: Meets with Wellness Coach: Discusses goal to attend and dance at granddaughter's wedding in 6 months

4:00PM: Learns from local high school students how to connect with family on Skype

10:00AM: Has Well-Check with Nurse Practitioner who eliminates medication due to improved health

3:30PM: Enjoys visit with Depression Care Manager who supports her increased community involvement

10:45AM: Amends File of Life with updated family contact

2:30PM: Social Worker updates daughter on mom's improved sense of well-being

11:00AM: Is greeted by Front Desk Receptionist who asks about her grandson's graduation

2:00PM: Meets with Chaplain to continue conversation on finding meaning in her life experiences

11:15AM: Is asked by Facilities Technician how she likes her new tub cut

1:30PM: Works with Physical Therapist on balance in the Fitness Center

11:45AM: Is reminded to take her medications before lunch

12:00PM: Enjoys a nutritious meal with other residents



# Supportive Housing

## A Day That Requires More Support

360°  
care

Situation: Resident falls at local market...

Bus driver calls Social Worker  
and transports her back to CCB

Resident is greeted by  
Social Worker and escorted  
to on-site Medical Practice

Medical evaluation is  
conducted by the  
community's geriatrician  
or nurse practitioner

Resident is escorted to  
her apartment  
for an in-home x-ray

Family members are  
notified and kept  
apprised of situation

Private Care Aide arrives to support resident  
with ADL's (activities of daily living)

Resident eats a healthy meal  
delivered to her apartment

Home Safety  
Evaluation  
is conducted

Meets with Chaplain  
to continue conversation  
on finding meaning in  
her life experiences

Tub Cut and Grab Bars  
are installed by  
Facilities Technician

Fitness and  
Wellness Assessment  
is conducted

Resident's health improves  
and she is supported  
by the team as needed

Integrated,  
High Quality,  
Resident-Centered  
Care

Home  
Care

Community  
Life

Private  
Care

Medical  
Team

Social  
Worker

Transportation

Supportive  
Services

Dining

Therapy  
House  
Calls

Spiritual  
Care

Facilities

Fitness &  
Vitalize  
360