

SUN	MON	TUE	WED	THU	FRI	SAT
	LABOR DAY1	2	3	4	5	6
<div>SEPTEMBER</div> <div>2025</div>	11:00 NYT Crossword with Irina 12:00 Labor Day BBQ 2:00 The Joys of Nature Series Volcanoes and the Columbia River Traveling Biologist Joy Marsolf 3:30 Musical Journey with Irina: More Yiddish Songs!	10:00 Supervised Exercise by Appt. 10:00 Open Art Studio Art Instructor Olga Shmuylovich 2:00 Drum Circle with Chris Maier 3:30 A Walk to the New NBOC Art Exhibit with Irina	10:15 Gentle Yoga 11:00 Shopping Trip: OS Job Lot 11:15 The Good News! with Bonnie 1:15 Interfaith Fellowship Program in Conservatory 2:00 Program in GMH:Song Secrets of 1958 and the Surprising History of Recorded Sound. Frank King 3:00 Supervised Exercise by Appt. 3:30 NYT Crossword with Irina 5:15 Seafood Night Dinner 7:00 Resident-Led Scrabble	10:00 Supervised Exercise by Appt. 10:15 MFA Outing with Irina Ancient Egypt 11:00 Brain Boosters with Bonnie 2:00 Flow of Jewish Calendar Rabbi Karen Landy 3:00 Flower Arranging with Pauline 3:15 Knotty Knitters with Diane 7:30 Concert in GMH Kylie Harris Band	10:15 Better Mobility 11:15 NewBridge Troubadours Choir with Chris 2:00 Head of the Year 5786 Bonnie Presents 4:00 Friday Concert Series Music from Films Russ Gershon, Saxophone Brian Friedland, Piano 5:00 Friday Shabbat Service in the Synagogue	10:15 Brain Boosters with Bonnie 11:15 Name That Tune with Chris 2:00 A Musical Menagerie: Saint-Saens’ <i>Carnival of the Animals</i> Chris Presents 3:15 Meditation with Bonnie 7:30 Concert in GMH Joy Cline Phinney, Piano Henry Ayanna, Violin
7	8	9	10	11	12	13
10:15 Group Game with Whitney 11:00 Move to Music with Whitney 2:00 Sentimental September— Did You Know? Susan Titus-Garnier Presents 3:15 Word Game with Susan	11:00 Gardenside Chat with Lori 2:00 Current Conversations Broadcast Journalist Susan Sprecher 3:00 Supervised Exercise by Appt. 3:30 Gardening Club with Lois	10:00 Supervised Exercise by Appt. 10:00 Open Art Studio Art Instructor Olga Shmuylovich 11:00 History Never Gets Old with Bonnie 2:00 Jewish Humor: What’s It All About? Bonnie Presents 4:00 Pre-Dinner Piano Music with Laura	10:15 Gentle Yoga 11:00 Shopping Trip Trader Joe’s & CVS 11:15 The Good News! with Bonnie 1:15 Interfaith Fellowship Program in Conservatory 2:00 Matter of Balance Christina Presents 3:00 Supervised Exercise by Appt. 3:30 Food Forum 5:15 Birthday Night Dinner 7:00 Resident-Led Scrabble	10:00 Supervised Exercise by Appt. 10:15 Brain Boosters with Bonnie 11:15 Move to Music with Whitney 2:00 Preparing for High Holidays Rabbi Karen Landy 3:00 Flower Arranging with Pauline 3:15 Relaxing Piano Afternoon with IL Resident Willie Ross	10:15 Better Mobility 11:15 Writing Your Story with Pat & Bonnie 2:00 Friday Concert Series The Justin Meyer Jazz Trio 3:30 Meditation with Bonnie 4:30 Welcoming Shabbat Service Rabbi Karen Landy	11:15 Brain Boosters with Bonnie 2:00 Contemporary Conversations with Elliott Kigner 3:30 What’s on Your Mind? with Bonnie 7:30 Concert in GMH Music for Solo Violin Composed by Violinists: Paganini, Kreisler, Ysaÿe, Bach, Wieniawski Ilana Zaks, Violin
14	15	16	17	18	19	20
11:00 NYT Crossword with Irina 2:00 Sunday Concert Music & Memory with MediNotes 3:30 Russian 101 with Irina	11:00 NYT Crossword with Irina 2:00 History of the Mystery (Part 3) Cold War, Hot Thrillers Book Critic for WBUR Carol Aucoin 3:00 Supervised Exercise by Appt. 3:30 Games & Smiles Mah Jongg with Lois	10:00 Supervised Exercise by Appt. 10:00 Open Art Studio Art Instructor Olga Shmuylovich 11:00 Brain Boosters with Bonnie 2:00 Drum Circle with Chris Maier 3:00 Residents’ Portraits with Bonnie 3:30 Minding the (Age) Gap Greenough & Noble School Visit 7:30 Concert in the GMH Francesca Anderegg, Violin Joy Cline Phinney, Piano	10:15 Gentle Yoga 11:00 Shopping Trip: Dollar Tree 11:15 The Good News! with Bonnie 1:15 Interfaith Fellowship Program in Conservatory 2:00 Matter of Balance Christina Presents 3:00 Supervised Exercise by Appt. 3:30 NYT Crossword with Irina 5:15 Italian Night Dinner 7:00 Resident-Led Scrabble	10:00 Supervised Exercise by Appt 10:15 Brain Boosters with Bonnie 10:15 Arnold Arboretum Outing with Irina 11:15 Move to Music with Whitney 2:00 Understanding Rosh Hashanah Rabbi Karen Landy 3:00 Flower Arranging with Pauline 3:15 Knotty Knitters with Diane 7:30 Concert in GMH Swing Café Band	10:15 Better Mobility 11:15 NewBridge Troubadours Choir with Chris 2:00 Friday Concert Series Great Musical Moments from Broadway, Movies, and the Radio: Bill Winiker, Percussion Bo Winiker, Trumpet’ Neil Green, Piano 3:30 Meditation with Bonnie 5:00 Friday Shabbat Service in the Synagogue	11:00 Vigorous Minds with Chris 2:00 Afternoon at the Opera with Chris Donizetti’s <i>L’Elisir d’Amore</i> 3:15 Intermission 3:30 <i>L’Elisir d’Amore</i> Part Two with Chris 7:30 Concert in GMH Itay Dayan Klezmer Band
21	EREV ROSH HASHANAH22	ROSH HASHANAH23	ROSH HASHANAH24	25	26	27
11:00 NYT Crossword with Irina 2:00 Ageless Science Artificial Intellgence in Healthcare Weston High School Students 3:30 Russian 101 with Irina	11:00 Show & Tell with Lori 2:00 Celebrating High Holidays! Bill Winiker, Percussion Bo Winiker, Trumpet Neil Green, Piano 3:00 Supervised Exercise by Appt. 6:00 Rosh Hashanah Service in TAL Meadow View Dining Room Rabbi Karen Landy 6:30 First Night Community Dinner	10:00 Open Art Studio Art Instructor Olga Shmuylovich 11:30 Rosh Hashanah Festive Lunch 2:00 Baking Demonstration: Rosh Hashanah Empanadas (in Meadow View) 6:00 Rosh Hashanah Service in GMH Rabbi Karen Landy 6:30 Second Night Community Dinner in GMH	10:15 Gentle Yoga 11:00 Shopping Trip: Stop & Shop 11:30 Rosh Hashanah Festive Lunch 2:00 Matter of Balance Christina Presents 3:00 Supervised Exercise by Appt. 3:30 NYT Crossword with Irina 7:00 Resident-Led Scrabble	10:00 Supervised Exercise by Appt. 10:15 Brain Boosters with Bonnie 11:15 Move to Music with Whitney 2:00 Yom Kippur Rabbi Karen Landy 3:00 Flower Arranging with Pauline	10:15 Better Mobility 11:15 NewBridge Troubadours Choir with Chris 2:00 Friday Concert Series Sarah & Herb Gardner Vocals & Piano 3:30 Meditation with Bonnie 5:00 Friday Shabbat Service Rabbi Karen Landy in the Synagogue	10:15 Vigorous Minds with Chris 11:15 Morning Stretch & Meditation with Bonnie 12:30 Why Knot? with Diane 2:00 America’s First Ladies: Barbara Bush—Life & Legacy Bonnie Presents 3:15 Musical Connections with Chris 5:15 Asian Buffet Dinner
28	29	30				
10:15 Group Game with Whitney 11:00 NYT Crossword with Irina 2:00 Poetry Recital AL Resident Joel Slocum 3:30 Russian 101 with Irina	11:00 NYT Crossword with Irina 2:00 Political Quotations Political Commentator Rich Rubino 3:00 Supervised Exercise by Appt. 3:30 Gardening Club with Lois 4:00 Pre-Dinner Piano Music IL Resident Willie Ross	10:00 Supervised Exercise by Appt. 10:00 Open Art Studio Art Instructor Olga Shmuylovich 11:00 Morning News & Table Talk with Jeanmarie 2:00 Resident Council 3:30 Minding the (Age) Gap Greenough & Noble School Visit 7:30 Concert in the GMH Gabriela Martina, Vocals Maxim Lubarsky, Piano	<div>TRADITIONAL</div> <div>ASSISTED</div> <div>LIVING</div>	<div>PLEASE CHECK</div> <div>DAILY</div> <div>SCHEDULES</div> <div>FOR UPDATES</div>	<div>Shanah Tovah!</div> 	