



Friends of the Russian Bilingual Services Program Newsletter

We're thrilled to welcome our new CEO, Adam Scott, and share his first message with the community. In the note below, he talks about what's ahead, what matters most to us, and how we'll grow together. It's a great way to kick off this new chapter—take a look!

Hello Friends,

Since starting as Hebrew SeniorLife president and CEO in June, one of my greatest joys has been getting to know the many communities that make this organization so unique.

Among them, **the Russian Bilingual Program holds a special place.** It reflects something I believe deeply: that honoring a person's culture and language is an essential part of celebrating their whole self. For the Russian-speaking older adults we serve, person-centered care means fostering a sense of belonging through familiar traditions and staff who honor the full scope of their history.

I recently had the privilege of attending the opening of the "Our Flowers" photo exhibit at HRC-Roslindale. I was struck by how the vibrant photos tell a story of aging as a time of blossoming, not decline. The event exemplified how our services for Russian-language older adults foster pride, connection, and self-expression—values at the heart of all we do at Hebrew SeniorLife.

You, too, are part of what makes this community great. Whether you're a family member, supporter, volunteer, or all three, you're contributing to the vitality of this program. I'm so grateful for all you do, and for entrusting us with the care of those dearest to you. If you see me while you're on campus, please stop and say hello! Until then, please accept my sincere gratitude for all the ways you strengthen our community.

With my very best, Adam

Alexandra Dashevskaya, Director, Russian Bilingual Services Program

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The Way of Art Project “Our Flowers” Exhibit

We are thrilled to share the news about the grand opening of a stunning exhibit organized and curated by Life Enhancement Coordinator **Iana Veselova**. The exhibit is the second in our Way of Art project and was created by Russian-speaking patients and staff. The vibrant photography celebrates the beauty of flowers and the joy, calm, and connection they inspire. It also tells a story of aging as a time of blossoming, rather than decline.

At the August 6 grand opening, Iana shared poems, honored the featured patients, and thanked her colleagues and the team who helped bring the show to life. Guests toasted the occasion with sparkling cider before enjoying a Russian-language concert by Lilianna Glik. Special visitors included Hebrew SeniorLife President & CEO Adam Scott, staff, patients, and family members! The realization of all our projects is made possible through the generous support of friends and advocates of the Russian Bilingual Services Program.



Joys of Summer

In the summertime, it is important that we have the opportunity to go outside and breathe fresh air.



First of all, the fact that people are taken outside, mostly in wheelchairs, is already a tremendous effort and care on the part of the staff. Of course, Yana works hard every day to organize everyone and makes sure we are dressed appropriately for the weather.



All the outdoor events are wonderful.



I participate in many wonderful activities, such as art therapy, music and our literature club. I find particular pleasure in our music gatherings



I am also deeply grateful for the trust given to me to go out into the yard on my own for fresh air. It gives me an outlet and some strength to keep going.



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BUILDING THE FUTURE OF SENIOR CARE

At Hebrew SeniorLife, we believe everyone deserves to age with dignity, surrounded by compassion and skilled care. But the need for caregivers is growing faster than ever. By 2040, the number of people over 85 will double while by 2050, the number of available caregivers will drop by half. Behind those numbers are real people: parents, grandparents, friends, and neighbors who count on others to help them live well in every stage of life. That's why we created the Lunder CareForce Institute, a program born from both urgency and hope.

Through this initiative, we're not just training Certified Nursing Assistants (CNAs); we're opening doors for people with big hearts and untapped potential to answer a meaningful calling. In just five weeks, our students receive the knowledge, skills, and confidence to become certified and job-ready — with specialized training in dementia care, Basic Life Support, and, most importantly, in delivering age-friendly, person-centered care that treats every elder with dignity, respect, and compassion.

CareForce graduates don't just fill jobs they bring warmth, connection, and humanity into the lives of the people we serve. If you know someone who's looking for purpose in their work, or who's ready to make a difference in their community, we invite you to learn more or apply at hebrewseniorlife.org/education-programs/lunder-careforce-institute-hebrew-seniorlife. The future of elder care begins with those who care and that future can start today.

SUPPORT US FINANCIALLY - HELP IMPROVE OUR PATIENTS' LIVES

- Give a gift in honor of a special caregiver
- Donate in memory of a loved one
- Give to help us honor special occasions like birthday & holidays
 - ⇒ Give online (make a quick, secure online donation).
 - ⇒ Mail a check
 - ⇒ Double your gifts through Matching Gifts

THANK YOU FOR YOUR GENEROSITY!

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