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Friends of the Russian Bilingual Services Program Newsletter

A Fresh New Look for Our Home

We are delighted to introduce our newly renovated outdoor patio—a welcoming space designed to enhance the comfort and well-being of our patients and their loved ones. For many of our patients, who call our hospital home for an extended period of time, access to a peaceful outdoor environment can make a meaningful difference. The new patio provides a beautiful setting to enjoy fresh air, sunshine, and, weather permitting, the patio will also serve as a gathering place for recreational activities, celebrations, gardening, and other therapeutic programs. It also offers a wonderful place for families to visit and spend quality time together outside the hospital setting.

Inside, we are equally proud to unveil our newly renovated dining room and Country Kitchen. While these projects presented their share of challenges along the way, the results have been well worth the wait.

The refreshed spaces offer a brighter, warmer, and more inviting atmosphere where patients can gather for meals, celebrate special occasions, and spend quality time with family and friends. Seeing our seniors enjoying these renewed spaces—both indoors and outdoors—has been the greatest reward of all. We are grateful for the patience and support shown throughout the renovation process.

Alexandra Dashevskaya, Director, Russian Bilingual Services Program



A Celebration of Art and Homecoming

What a beautiful day at our gallery! Today, we had the absolute joy of hosting the grand opening of a very special art exhibit featuring the work of ACIA WILNER, our former Life Enhancement Coordinator.

Painting has always been her passion, and it was incredible to see her talent on full display. Our patients were absolutely thrilled to reconnect, ask questions, and hear first-hand about the inspiration behind her stunning pieces. Surrounded by her families - the Gankins and the Wilners - as well as her former co-workers, the afternoon was filled with stories, laughter, and a few happy tears as we shared how much she is missed. We wrapped up the celebration with flowers, warm wishes, and a lot of love.

A heartfelt thank you to everyone who helped make this event possible and to all who joined us in celebrating Acia and her beautiful artistic journey. This showcase was a wonderful success, and we are grateful to have shared such a meaningful day together.



Joys of Summer



I'm a big fan of board games, and I hope more patients will get involved in playing them together



I'm very happy with the new outdoor space, especially the waterfall. It's such a beautiful feature, and it has a calming effect.



It's such a beautiful courtyard. I especially love how the path opens up into a little lawn at the end. But most importantly, they preserved the trees—and I really love trees



I really enjoy spending time outdoors. That's where we meet, say hello, catch up, and talk with one another. My friends and I play dominoes together.



In the summer, it's a priceless gift—to be able to come out in the morning and enjoy the fresh air until lunchtime.



Bilingual Russian Program
Alexandra Dashevskaya
Program Director
1200 Centre Street
Roslindale, MA 02131

Phone (617)363-8425;
Fax (617)363-8910
Email:
dashevskaya@hsl.harvard.edu

www.hebrewseniorlife.org
/russian

Looking Ahead: Building a Stronger Future for Seniors

As we look to the future, our commitment remains the same: providing exceptional care while responding to the evolving needs of older adults and their families.

We are exploring opportunities **to expand independent living and affordable housing** so that more older adults have access to safe, welcoming communities. At the same time, we will continue growing programs that help people remain healthy and independent in their own homes, as well as expanding compassionate hospice services that support individuals and families when they need it most.

Another exciting **area of focus is brain health**. Building on the expertise of our memory care and research teams, we are working to make Hebrew SeniorLife a leader in cognitive health and dementia care. Plans include expanding memory care services to meet growing demand and developing innovative programs that help people maintain brain health as they age. Future initiatives will also strengthen research into healthy aging and cognitive decline, helping us better understand how to protect brain health and improve quality of life for older adults.

These initiatives reflect our ongoing commitment to innovation, compassionate care, and healthier aging. By investing in housing, home- and community-based services, memory care, and research, we are preparing to meet the needs of today's older adults while building a stronger future for generations to come.

Thank you to our patients, families, staff, volunteers, donors, and community supporters for being part of this journey. Together, we are creating communities where older adults can live with dignity, purpose, and the highest quality of care.

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